This command work in the form of ratio.

Expanded(  
 flex: 2,  
 child: Padding(  
 padding: EdgeInsets.all(10.0),  
 child: Center(  
 child: Text(  
 'Question 01',  
 textAlign: TextAlign.center,  
 style: TextStyle(  
 fontSize: 25.0,  
 color: Colors.*white*,  
 ),  
 ),  
 ),  
 ),  
),